



Parent Handbook



WELCOME!

Welcome to the Moore Skating Club (MSC)! We are delighted to have you and your family as part of our skating community.

For more than 50 years, the Moore Skating Club has been dedicated to encouraging the instruction, practice, enjoyment, and advancement of skating in all its forms. Our club is proud to provide a safe, positive, and inclusive environment where skaters of all ages and abilities can learn, grow, and achieve their personal goals both on and off the ice.

Whether your skater is stepping onto the ice for the very first time, developing figure skating skills through STARSkate, building speed and agility in PowerSkate, or pursuing competitive opportunities, our programs are designed to support every stage of the skating journey. We believe that skating is more than just a sport, it is an opportunity to develop confidence, resilience, discipline, sportsmanship and lifelong friendships.

Our programming is geared toward skaters of all ages and skill levels and includes Learn-to-Skate, Figure Skating, and Power Skating programs delivered in accordance with Skate Canada standards. Through quality coaching, structured skill progression, and a supportive club atmosphere, we strive to help every skater reach their full potential while fostering a lifelong love of skating and physical activity.

At MSC, we are committed to creating experiences that promote healthy, active lifestyles while encouraging teamwork, independence, goal setting, leadership and community involvement. Throughout the season, skaters are provided with opportunities to celebrate achievements, participate in special events, showcase their skills and build lasting memories with their fellow club members.

This handbook has been developed to help you understand our programs and prepare for a successful season. Inside, you will find information about each Skate Canada program offered by MSC, including program descriptions, prerequisites, equipment requirements, session expectations, club policies and other important information designed to help families navigate their skating experience.

We encourage all members to familiarize themselves with the information contained in this handbook and to stay connected through our club communications throughout the season. The success of our club is built on the support and involvement of our families, coaches, volunteers and skaters, and we are grateful to have you as part of our skating community.

If you have any questions, concerns, or require assistance at any point during the season, please do not hesitate to reach out to a member of our Board of Directors or coaching team. We are here to help and want your experience with the Moore Skating Club to be a positive one.

Thank you for choosing the Moore Skating Club. We look forward to supporting your skating journey and celebrating your accomplishments throughout the season.

Happy Skating!

**Moore Skating Club
Board of Directors**

SKATING EQUIPMENT - THE ESSENTIALS

All skaters should come prepared to skate safely and warmly. The following is a list of items that skaters should have for their skating sessions:

1. A properly fitted **CSA approved** hockey helmet is mandatory for all CanSkate and CanPowerSkate participants until they pass Stage 5. (preferably with a face shield built-in and a face mask). Helmets must have a CSA sticker. Bicycle and ski helmets are **not** acceptable protection.
2. All skaters are encouraged to wear gloves or mittens (preferably waterproof) while on the ice. (**Note:** *nylon mitts are quite slippery on the ice and make it difficult to get back up, we suggest fleece mitts for young skaters*)
3. All CanPowerSkaters are encouraged to wear full hockey equipment, but not required.
4. Warm clothing should be worn by all skaters, but overdressing should be avoided to prevent overheating and movement impairment. Skaters should wear mitts and warm waterproof clothing that lets them move freely.
5. Skates that fit properly and are sharpened frequently. (See below)
6. Skate guards and a cloth for wiping off your skates after use. All skaters should have skate guards on their blades when not on the ice, including in the arena lobby.

SKATES

We recommend “lace-up” skates, as they provide the best support, allow proper movement, and accommodate adjustable fit. The skate’s boot must be firm and must provide good support to the foot and ankle. We **do not recommend** plastic, buckle, drawstring, or expandable skates as they do not provide the right support or blade length for skating and can be very frustrating for kids learning to skate.

Proper equipment in good condition is essential. Skaters who wear ill-fitting, poor-quality or inappropriate equipment cannot expect to progress quickly or develop good technique. Skates should fit, provide appropriate support, be laced properly, have a good quality blade, and be protected with guards when being worn off the ice. Skates should also be professionally sharpened periodically after approximately 20 hours of use but this is by no means a hard and fast rule. Skates will need to be sharpened far more frequently if the skater does not wear guards. Guards should be worn by all skaters, at all times when the skaters are not on the ice. The carpet and mats at ice level will not harm skates but the dirt and debris on it certainly will.

Skates should fit like shoes, allowing no more than about half a size for foot growth. It is difficult for a child to tell whether a pair of skates fit well so it is best to rely on an experienced and knowledgeable salesperson. When a skate fits well the skater’s heel should be firmly placed at the back of the boot with their toes gently touching the toecap. When the heel of the boot is held firmly down with one’s hand, the skater should not be able to lift their heel away from the bottom of the boot to any great degree. When the skates are laced, the laces should be pulled snugly over the ankle but loosely over the toe and the front of the foot. The tongue should be wide enough to stay in place and the front opening of the boot should be wide enough to pull the laces tight. Tie the laces securely but be able to put one finger down the back of the boot.

Make sure the laces are long enough to be tied in a double bow and tucked in. When the skater’s knees are bent there should not be too much buckling of the leather around the ankles. The leather in poor-fitting

skates can break down prematurely in areas that wrinkle regardless of the quality of the material of which they are made. A proper fitting pair of leather skates should stretch and mold around the feet. A good boot may take several sessions of ‘breaking in’ before it molds to the foot. This may cause some discomfort at first.

SKATE CARE

Step by Step Care for your Ice Skates courtesy of [Jackson Ultima](#):

1. Wipe away ice and water after each skating session.
2. Put on skate guards, plastic protectors, going to and from ice. Skate guards should be worn any time the skater is not on the ice.
3. Store between sessions without skate guards, preferably with soft cloth “soakers” to prevent rust and absorb condensation. Do not store the skates with the guards left on, the blades will rust.
4. Let the skates dry out overnight removed from the skate bag.
5. Make sure the blades are professionally sharpened at the beginning of the season and periodically check them for dullness or nicks. Figure skates require a specific sharpening technique that is different from hockey skates. Please ask for a recommendation if you are not sure where to get figure skates sharpened!
 - Sharpen regularly
 - Beginners – Every 25-30 hours on ice.
 - Novice’s – At least every two months.
 - Elite – Varies, from weeks to months.

Skates must be properly sized, sharpened, and tied snugly.

TYING SKATES

Figure skates should have minimal creases at the ankles to provide correct ankle support. **Laces should never be wrapped underneath the skates.**

Hockey skates should be tied as tightly as possible, especially over the instep and at the ankle to provide proper support. Make sure you lace the skates all the way to the top. **Laces should never be wrapped under the skates**

Follow the steps below to properly tie your figure or hockey skates.

1. Begin by loosening laces halfway down so your child's foot can slide in easily. The heel should sit flat and toes shouldn’t touch the end of the skate
2. Starting at the front, pull each crisscrossed lace so the skate feels snug, but your child can still wiggle their toes. *Hockey skates can be looser at the toes, but figure skates should be snug throughout.*
3. For hockey skates, lace up to the top holes and tie with a bow. For figure skates, cross laces and loop around the eyelets pulling as you go. Tie at the top.
4. Once laces are tied, have your child stand, then check to ensure that their ankles are well supported. The blades should stand perfectly upright when the skater is standing in a relaxed position.

THINGS TO REMEMBER:

- Hats worn under helmets must fit snugly so they do not slide down.
- Splash pants should be worn to the rink rather than snow pants. Snow pants are very bulky and restrict a skater's ability to move. Make sure your skater can get up from the ground in whatever clothing they are wearing!
- For young skaters, nylon mitts are **not** recommended. Fleece mittens are easier for skaters to push themselves up with if they fall.
- Long hair should be pulled back tightly and kept off the skater's face and neck so they do not overheat.
- Sessions cannot be refunded or rearranged if they are missed. *(See FAQs for additional details)*

SKATE CANADA MEMBERSHIP FEES

When you sign up for any skating program at our club, you are required to also become a member of Skate Canada. This annual fee is valid from Sept. 1 to Aug. 31 and is set by Skate Canada each year. It includes insurance coverage, along with access to all Skate Canada programs. This fee is in addition to your registration fees. For more information about Skate Canada, visit www.skatecanada.ca.

VOLUNTEERING (CAN SKATE, CAN POWER SKATE AND STAR SKATE ONLY)

The Moore Skating Club is 100% run by volunteers. We have no paid positions. We require a very minor number of mandatory hours from each of our families in order to ensure the responsibilities are spread out amongst our members. Without the support of our volunteers, the cost to run the club would be much higher and that cost would have to be carried forward to our families. Our registration fees are kept as low as possible because we require our families to support the club through active volunteering. Volunteer requirements are outlined in the volunteer book which is available at each skating session at the welcome table, and a Board member is always available to answer any questions.

****It is the parent or guardian's responsibility to ensure volunteer hours are properly recorded and signed off on by a board member in the volunteer book.**

DURING THE SKATING SEASON - 3 VOLUNTEER HOURS ARE REQUIRED IF YOUR SKATER IS PARTICIPATING IN ICE SHOW AN ADDITIONAL 2 VOLUNTEER HOURS ARE REQUIRED

If ALL volunteer hours are not completed, a mandatory \$300 volunteer fee will be charged. There is no prorating of the volunteer hours, it is "complete" or "incomplete".

We sincerely appreciate the help and support of our Moore Skating Club families!

PROGRAM PREREQUISITES

(Please do NOT register your skater for a program if they do not meet ALL of prerequisites!!)



CANSKATE AND CANPOWERSKATE

Prerequisites	Lesson Format	Skills	Evaluation
All new skaters will be assessed by the coaching staff and placed into the most appropriate program within the first week. CSA approved hockey helmets are mandatory. Cages strongly recommended.	Group Lessons (1 hour, 1 night a week).	There are six stages with three fundamentals in each 1. Balance: Concentrating on most forward skills, pushing technique and edges 2. Control: Concentrating on most backward skills, stopping, and speed elements 3. Agility: Concentrating on most turning and jumping skills Every skater needs to pass the 3 fundamentals (balance, control and agility) in order to pass a stage.	Each time a fundamental is mastered, the skater is awarded a ribbon. Once all three in that level are mastered, a badge is awarded. Evaluations are completed on an ongoing basis by coaches.

FOR MORE INFORMATION VIEW THE [CANSKATE AND CANPOWERSKATE GUIDE](#)



STARSKATE

Prerequisites	Lesson Format	Skills	Evaluation
<u>Intermediate</u>: Skaters must have passed stage 6 of the CanSkate program <u>Senior</u>: Skaters must have achieved 2 of the following: Dance - Star 5a, Freeskate - Star 3, Skills - Star 3 and/or be invited up at the coaches discretion.	<u>Intermediate</u>: Group lessons for free skate, dance, skills and stroking. Private lessons with a are strongly recommended. <u>Senior</u>: At least 25% of the session will be group coaching. Private coaching must be arranged between the skater/parent and the freelance coaches of your choice.	<u>Skating Skills</u>: a combination of fundamental skating movements, executed on a pattern and skated solo. The basic components of all disciplines of figure skating are incorporated into the program. The movements are derived from former compulsory figures, free skating and ice dancing. The objective of the Skating Skills program is mastery of the basic fundamentals of skating - edge quality, control, power and speed. <u>Ice Dance</u>: teaches timing, musicality, rhythm interpretation, structure as well as basic skating skills such as edges, flow, control and unison. There are both traditional compulsory dances, and Creative Dances to challenge skaters' creativity, artistry and originality. <u>Free Skate</u>: the execution of jumps, spins, footwork, field	For each discipline, skaters participate in testing to progress through sequential levels. <u>Skating Skills</u>: Star 1-Gold <u>Ice Dance</u>: Star 1-Gold <u>Free Skate</u>: Star 1-Gold <u>Artistic</u>: Star 5-Gold Star 1-5 assessments are done on an ongoing basis by coaches. Star 6-Gold assessments are done by a Skate Canada judge on high test days.

		movements and stroking, either in isolation or performed in sequence to music. <u>Artistic</u>: to encourage and develop skaters' creativity, expression, musicality, movement, interpretation of music, as well as the use of space, rhythm, line and style. The program provides skaters with the opportunity to explore the performance aspect of skating without focusing on technical elements.	
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FOR MORE INFORMATION, PLEASE SEE: [STARSKATE GUIDE](#)



POWER SKATING

****NEW PROGRAM****

A professionally coached session focused on balance, control, and agility, including components of power and speed to enhance skating for hockey players. Skating skills, techniques and performance drills are taught in a progressive format by Skate Canada coaches certified through the NCCP. This is Canada's only nationally regulated NCCP instructional stream power skating program.

Prerequisites	Lesson Format	Skills	Evaluation
Must have passed CanSkate or CanPowerSkate Stage 4 or have equivalent hockey/ringette experience. Full hockey/ringette gear is recommended but not required. CSA approved hockey helmet with cage, stick, and gloves required.	Full group instruction with warm-up, group lesson time, development time, and cool-down.	Balance: forward skills Control: backward skills and stops Agility: Turning, pivoting, and starts	All participants will be evaluated to a Bronze, Silver, or Gold level in all skills, in each of the three categories of Balance, Control, and Agility, and will receive an overall bronze, silver or gold assessment with a report card and badge. Assessment is done on an ongoing basis by coaches.

FOR MORE INFORMATION, PLEASE SEE: [POWERSKATE GUIDE](#)



CanSkate

ABOUT THE CANSKATE AND CANPOWERSKATE PROGRAMS

CanSkate is Skate Canada's flagship learn-to-skate program. The program is for beginners of any age and teaches fundamental movements and basic skills including forward and backward skating, stopping and turning. The focus is on fun, participation as well as basic skill development. The CanSkate program provides an excellent foundation for all skating sports including figure skating, hockey, ringette, speed skating as well as recreational skating. Lessons are given in a group format and are led by our certified professional coaches, who are assisted by trained volunteer Program Assistants. You will notice them wearing the dark blue vests. Our shadow PAs are also fully trained, but they are under 12 years old and are wearing the light blue vests.

CanSkate is our introductory skating program for children who have little or no skating experience. Basic skill development focuses on balance, falling down and getting up unassisted, moving forward and backward, jumping on the spot, building confidence and, most importantly, having fun! Participants earn ribbons and badges as skills are mastered. The CanSkate learning environment is enhanced through fun, music, and colourful teaching aids and props along with praise and feedback from coaches. This unique intro-to-ice environment is designed to stimulate and maintain interest and enthusiasm among skaters, allowing participants to gain the physical competency and confidence to remain active for life!

CANSKATE AND CANPOWERSKATE PROGRAM OBJECTIVES

- To provide skaters with safe, welcoming, and inclusive first experience to the sport of skating
- To develop skating and motor skills through natural learning phases (introduction, acquisition, retention, mastery)
- To use skill progression and repetition throughout the stages to introduce physical literacy and establish quality basic skating skills
- To foster personal achievements and satisfaction through skill acquisition, rewards, and recognition
- To evoke a life-long interest in skating

LESSON FORMAT

CanSkate and CanPowerSkate lessons are broken down into the following key activities:

1. **Warm-up.** Skaters arrive on the ice and immediately begin skating around the perimeter of the ice, followed by the Coach leading the warm-up. Help is available for unsure skaters.
2. **Lesson time.** Lessons address a Skate Canada Fundamental Skill - Balance, Control & Agility. Each Fundamental skill has increasingly more complex requirements as the skater progresses through the CanSkate Stages.
3. **Circuits.** Circuits allow for a series of skills joined together without a break in skating. Skaters benefit by moving over 90% of the time allowing for a focus on both fitness and skill development. Coaches will assess and give feedback to skaters as they move through the circuits and practice the skills.
4. **Challenge Zone.** The idea of the challenge zone is to promote agility, skill development, and fun! The

challenges encourages fitness, increases practice opportunities and improves the rate of skill acquisition among skaters through games and other activities.

5. **Cool Down and Group Activity.** This time gives the skater time to practice what they have learned that day in new and fun ways before they go home

WHAT TO EXPECT IN YOUR FIRST SESSION

1. Your first day is orientation day. During orientation, you will meet your coaches and get familiar with the rink.
2. When you arrive at the arena, check the monitor above the concession stand in the lobby outside of Rink # 1 for the dressing room assignment for the day. This must be done on a weekly basis.
3. Please pick up and attach your skater's Name Tag to their outer clothing where it is easily visible. The Name Tag may have a color sticker on it, or it may not. Returning skaters may be pre-grouped into colors. At the end of each session, name tags are removed and we keep them for you to pick up each week.
4. Things may seem a bit chaotic and there may be some tears, but we find that it is best for parents/guardians to keep out of sight as much as possible because often times the skaters will ask to get off the ice when they see their parent/guardian.
5. Please be sure to arrive 15 minutes early so that you can hear all of the information, there will be a lot to get through! *It is recommended to arrive 15 minutes early for every session.*
6. All children must have a designated adult that is in attendance.

PROGRAM STRUCTURE AND AWARDS

The CanSkate and CanPowerSkate program curriculum is organized into six progressive stages of learning. Each stage is broken down into three Fundamental Areas:

- Balance: Concentrating on forward skills, pushing technique, and edges
- Control: Concentrating on backwards skills, stopping and speed elements
- Agility: Concentrating on turning and jumping skills

Stage Badges – There are 6 stage badges and 18 fundamental movement ribbons. To pass a stage, skaters must achieve all fundamental area ribbons (Balance, Control, Agility) from the corresponding stage. The skill requirements for each fundamental area are indicated on the report card.



CanSkate
PatinagePlus

Awards / Prix



WHAT HAPPENS AFTER CANSKATE?

If figure skating is your skater's passion, STARSkate is the next step in their development! Coaches, in partnership with parent(s) will make the decision on when a skater is ready to move to the STARSkate program. STARSkaters can participate in performance days, test days and competitions. Please speak with the Coaches or members of our Board of Directors for additional information.



StarSkate

ABOUT THE STARSKATE PROGRAMS

STARSkate is Skate Canada's figure skating program designed for skaters who have completed the CanSkate program and are ready to further develop their figure skating skills. STARSkate offers opportunities for skaters to learn and refine skills in the areas of ice dance, skating skills, freeskate, artistic skating, and synchronized skating. The program provides a structured progression from introductory figure skating through advanced levels and allows skaters to participate for recreation, personal achievement, testing, or competition.

STARSkate lessons are delivered by Skate Canada certified professional coaches in both group and private lesson formats. Skaters work at their own pace and progress through a nationally recognized assessment system. The STARSkate environment encourages goal setting, skill development, confidence building, and sportsmanship while fostering a lifelong love of skating.

STARSKATE PROGRAM OBJECTIVES

- To provide skaters with opportunities to develop figure skating skills in a safe, welcoming, and inclusive environment
- To promote personal growth, confidence, and self-discipline through skill development and goal achievement
- To develop strong skating fundamentals that support participation in all disciplines of figure skating
- To encourage healthy lifestyles, physical literacy, and lifelong participation in skating
- To provide opportunities for testing, performance, and competitive experiences appropriate to each skater's level and goals

LESSON FORMAT

STARSkate sessions are typically broken down into the following key activities:

1. Warm-Up. Skaters begin the session with a structured warm-up that includes stroking, edges, power exercises, and movement patterns designed to prepare the body for skating activities.
2. Skills Development. Skaters work on skating skills, edge quality, turns, balance, control, and power through a variety of exercises and patterns.
3. Freeskate Development. Coaches introduce and refine jumps, spins, transitions, footwork, and program components appropriate to the skater's stage of development.
4. Individual and Small Group Instruction. Skaters receive instruction and feedback from coaches while practicing assigned skills independently or in small groups.
5. Cool Down and Review. Coaches may conclude the session by reviewing key concepts, reinforcing learning objectives, and outlining practice goals for future sessions.

WHAT TO EXPECT IN YOUR FIRST SESSION

1. New skaters will be introduced to the STARSkate session format, coaching staff, and ice etiquette requirements.
2. Skaters should arrive at least 15 minutes before their scheduled ice time to allow sufficient time for preparation and warm-up.
3. When you arrive at the arena, check the monitor above the concession stand in the lobby outside of Rink # 1 for the dressing room assignment for the day. This must be done on a weekly basis.
4. Coaches will help determine appropriate groups, lesson structure, and development goals based on the skater's current abilities.
5. Parents and guardians are encouraged to familiarize themselves with the STARSkate schedule, testing structure, and communication methods used by the club.
6. All skaters are expected to follow Skate Canada and club safety requirements, including proper attire and equipment.

PROGRAM STRUCTURE AND AWARDS

The STARSkate program is divided into progressive stages of development and includes opportunities in several figure skating disciplines:

- Skating Skills: Edge quality, control, balance, power, and skating technique
- Freeskate: Jumps, spins, footwork, and program performance
- Ice Dance: Pattern dances and dance technique
- Artistic Skating: Creative interpretation, movement, and performance

Skaters progress through nationally recognized STAR assessments and may choose to participate in competitions, showcases, performances, and testing opportunities. Achievement is recognized through assessments, certificates, ribbons, medals, and competition accomplishments as skaters advance through the program.



PowerSkate

ABOUT THE POWERSKATE PROGRAMS

PowerSkate is Skate Canada's skills development program designed for hockey and ringette players. The program focuses on developing strong skating technique, power, speed, balance, agility, and endurance through high-energy, sport-specific training. PowerSkate helps athletes improve their overall skating performance and confidence while providing a strong foundation for success in hockey, ringette, and other ice sports.

Lessons are delivered by Skate Canada certified professional coaches and incorporate advanced skating techniques through structured drills and exercises. The program emphasizes proper skating mechanics and skill progression while maintaining a fun and challenging learning environment.

POWERSKATE PROGRAM OBJECTIVES

- To develop efficient skating technique for hockey and ringette players
- To improve balance, control, agility, speed, acceleration, and power
- To enhance athletic performance through skill repetition and progression
- To build confidence and competence in game-related skating situations
- To foster a positive attitude toward physical activity and lifelong participation in skating sports

LESSON FORMAT

PowerSkate sessions are typically broken down into the following key activities:

1. Warm-Up. Skaters begin with dynamic skating exercises designed to increase mobility, activate muscles, and prepare for high-intensity training.
2. Technical Skill Development. Coaches focus on skating fundamentals including stride efficiency, edge control, stopping, turning, acceleration, and backward skating.
3. Power and Agility Drills. Skaters participate in structured drills designed to develop quickness, explosiveness, coordination, and reaction time.
4. Conditioning and Endurance Activities. Skaters perform high-repetition skating exercises that improve stamina, strength, and overall skating performance.
5. Cool Down and Review. Coaches review key skills and provide feedback to support continued improvement throughout the session.

WHAT TO EXPECT IN YOUR FIRST SESSION

1. Skaters will be introduced to the coaches, session structure, and expectations for participation.
2. Skaters should arrive at least 15 minutes before their scheduled ice time to ensure they are properly prepared.
3. When you arrive at the arena, check the monitor above the concession stand in the lobby outside of Rink # 1 for the dressing room assignment for the day. This must be done on a weekly basis.
4. Coaches may assess skating abilities to determine appropriate groupings and skill progressions.
5. Full hockey equipment is required.
6. Parents and guardians should remain available during the session and review all program communications and safety requirements.

PROGRAM STRUCTURE AND AWARDS

The PowerSkate program follows Skate Canada's skill progression model and focuses on the development of:

- Balance: Stability, posture, edge control, and body positioning
- Control: Stopping, backward skating, transitions, and maneuverability
- Agility: Quick starts, acceleration, crossovers, turning, and change of direction
- Power: Speed, stride efficiency, explosiveness, and endurance

Coaches provide ongoing feedback and assessment throughout the season. Skaters are recognized for skill development, effort, and achievement as they progress through the program. Due to the shorter duration and focused nature of PowerSkate sessions, formal badge and ribbon assessments are not typically utilized.

FAQs

Q: Can I go on the ice with my skater?

A: Parents are not permitted on the ice in any of our programs. This allows our coaches to have the complete attention of the skaters. Our Skate Canada certified professional coaches have many years of experience coaching young skaters and are well equipped to take care of your child during their skating session. **THERE IS NO INSURANCE FOR ANY PARENT WHO STEPS ON THE ICE.**

Q: My child is having a difficult time learning to skate. What should I do?

A: Skating lessons are a fun and exciting way for young children to learn life skills such as overcoming challenges, but not all children feel comfortable on the ice right away. We suggest allowing your skater to have two sessions per week, as well as taking advantage of family public skates so parents and siblings can assist them in a relaxed and fun environment. It is also important to ensure that the skater's equipment does not hinder their ability to move.

Q: How do I find out about my child's progress?

A: Coaches are available for questions at the end of your skater's session, or they can be reached by email. Please see website for updated contact information.

Q: What happens if I miss a session, want to change a session or want to withdraw from a session?

A: Skaters may only skate on the days they are registered for. Skaters will not be allowed to make up sessions they have missed due to sickness, vacations, inclement weather or conflicting events. Sessions will not be refunded or rescheduled if they are missed. MSC offers a 2-week trial for the CanSkate and CanPowerSkate program. Please see the Session Withdrawal and Refund Policy for specific information. If you want to change the time of your session, a \$30.00 administration fee will be charged to your account, unless requested by a coach. Please direct all your registration related questions to our registrar by emailing:

registrarmooreskatingclub@gmail.com

USEFUL WEBSITES

Moore Skating Club

- Our home club website: <https://moore.uplifterinc.com/pages/home/>
- Useful information about upcoming events and activities, registration and more are available. Check back often!
- MSC Club policies are also available on the website, please take a moment to become familiar with them.
- Follow us on Facebook for important updates.

Skate Ontario

- This is where you can find information about upcoming competitions and skating shows.
- Technical guidelines are also found here: <http://www.skateontariocanada.ca>

Skate Canada

- Your child's test data is found here.
- You must use their skater number and password to enter.
- Password is usually your last name in capitals the first time you enter: <http://www.skatecanada.ca>